



ONTARIO SOCCER LEAGUE

Rules and Regulations


Revised: March 2026

(Yellow highlighting indicates new changes to the document)



Table of Contents

1.0	REGISTRATION.....	3
	1.1 – Registration of Players	3
	1.2 – Registration of Team Officials	4
	1.3 – Transfer of Players	4
	1.4 – Permit Players	5
	1.5 – Movement of Competitively Registered Players	5
2.0	COMPETITION.....	7
	2.1 – Game Day	7
	2.2 – Organizational Responsibility	9
	2.3 – Default Games	11
	2.4 – Changes and Rescheduled Games	11
	2.5 – Cup Competition	12
	2.6 – Promotion and Relegation	13
	<i>Open Age Divisions</i>	13
	<i>Under 21 Divisions</i>	13
	2.7 – Affiliation Agreements (Player Movement Forms/Agreements)	14
3.0	DISCIPLINE.....	15
	3.1 – Protests and Appeals	16
4.0	MATCH OFFICIALS.....	17
5.0	GENERAL RULES.....	18
6.0	FINANCES.....	19
	Appendix A – Fees and Fines.....	21
	Appendix B – Discipline Dates.....	24



The Ontario Soccer League (hereinafter referred to as “OSL”) is a competitive amateur senior men’s and women’s soccer league administered by DG Sports Inc. and is sanctioned by Ontario Soccer and the Canadian Soccer Association.

The Laws of the Game as approved by IFAB shall be employed except for instances noted in these rules and regulations.


Organization – Refers to a sanctioned club with Ontario Soccer.

1.0 REGISTRATION

1.1 – Registration of Players

- 1) All players shall be registered in accordance with Ontario Soccer Policies and Operational Procedures.
 - i. In OSL, teams may consist of players 16 years of age or older.
 - ii. Any callups, must be 16 years of age or older
- 2) Each team **MUST** register 11 players by May 1st of each year. If 11 players are not registered by May 1st, the organization will be fined. If 11 players are not registered by May 15th the organization will incur an additional fine. **District approved** rosters **MUST** be sent to the OSL office before a team’s first game (League or Cup). Failure to abide by any of these deadlines may result in fines issued to teams as per “Appendix A”.
- 3) The organization and player shall be liable for any errors or incorrect statements on the registration form.
- 4) Teams **MUST** produce a valid physical copy of their Ontario Soccer Roster Report at all games along with valid Ontario Soccer Registration Identification. Such Registration Identification shall be either:
 - i. A valid Ontario Soccer Team Roster Report with digital ID for **ALL** players’ and team officials’ headshots. (OSL’s preferred identification)
 - ii. An Ontario Soccer players’ registration book
 - iii. An Ontario Soccer Identification Card

** All teams will have access to the League Google Drive, which has a valid copy of each OSL registrants ID and Ontario Soccer player #.
- 5) A team may not play or include on its game sheet for an OSL Open Mens game, a player who was registered with, or transferred to, that team after the registration deadline of September 1st. Any player playing up **MUST** be registered to that organization before September 1st. Players



registered after the September 1st deadline will be deemed ineligible and may incur all associated fines.


- 6) A team may not play or include on its game sheet for an OSL OPEN Women's or Under 21 Men's or Women's game, a player who was registered with, or transferred to, that team after the registration deadline of July 31st. Any player playing up MUST be registered to that organization before July 31st. Players registered after the July 31st deadline will be deemed ineligible and may incur all associated fines.
- 7) A player who is registered competitively with a team in the OSL or with any other league shall not be permitted to "play up" from a recreational team to an OSL team.
- 8) Any player registered to a Premier Soccer League Canada team (Ontario, Alberta, British Columbia or Quebec) at any time in the current calendar year is ineligible to participate in the Men's and Women's Open Cup.
- 9) Any player being registered or remaining registered to a Premier Soccer League Canada's Women's team (Ontario, Alberta, British Columbia or Quebec) after **June 12** of the current playing season are not eligible to play with any OSL Women's team for the remainder of the season in League games.

1.2 – Registration of Team Officials

- 1) Each team entered in the OSL must have a team Head Coach on the roster who has the following credentials (as per Ontario Soccer Operational Procedures, Section 2 Procedure 5.11):
 - i. Soccer for Life (and/or higher licensing)
 - ii. Respect in Sport certification;
 - iii. Making Headway in Soccer
 - iv. Both Making Ethical Decisions Course & Online Evaluation
 - v. NCCP Emergency Action Plan
 - vi. NCCP Rule of Two
- 2) All team officials (coach, manager, etc.) require valid Ontario Soccer Registration Identification and MUST have it available at all games for presentation. Failure to present such a document on request shall render the team official ineligible to participate in that game, be listed on the game sheet, and to be present on the team's bench area.
- 3) As per Ontario Soccer Operational Procedures, Section 8 Procedure 3.3 there is no requirement for a Senior team to have a registered team official on the bench.

1.3 – Transfer of Players

Within the OSL, a copy of all documentation regarding the transfer of any player must be sent to the OSL office and be accompanied by a fee of one hundred (\$100.00) dollars, payable to the "Academy Soccer



League". The OSL will reimburse the team the player was transferred from one hundred (\$100.00) dollars.

The transfer deadlines for the OSL are as follows:

- i. For Open Men's divisions the deadline is September 1st of each year.
- ii. For Open Women's divisions the deadline is July 31st of each year.
- iii. For Under 21 divisions the deadline is July 31st of each year.

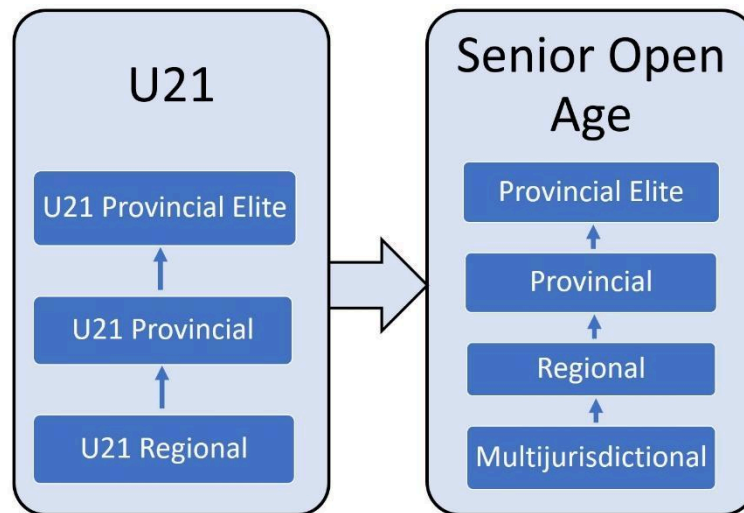
1.4 – Permit Players

- 1) Temporary Eligibility Permit (TEP) or Short-Term Registration Permit (STRP) players will not be permitted to play unless the permit has been produced to the match official and attached to the team sheet prior to the game. The player must produce their P.R.B or Ontario Soccer Approved ID Card or Government Issued ID as proof of identification.
- 2) Permits will only be issued for scheduled OSL league games. Cup and Playoff games are NOT permitted.
- 3) A maximum of 2 players on permits will be permitted for any one game.
- 4) A player shall be entitled to three "Temporary Eligibility Permits" to play for an amateur team during each playing season. (Ontario Soccer Operational Procedures, Procedure 8)
- 5) A "Short-Term Registration Permit" entitles a non-registered player to play three games for a Registered Team during a thirty-day period. (Ontario Soccer Operational Procedure 7)
- 6) A player may obtain two "Short-Term Registration Permits" during one playing season. The trial period for each shall not overlap. Teams failing to use TEPs and STRPs correctly will have been deemed to play an ineligible player and will be subject to further disciplinary action and may incur a fine.
- 7) TEPs and STRPs are not permitted after the roster freeze deadlines.

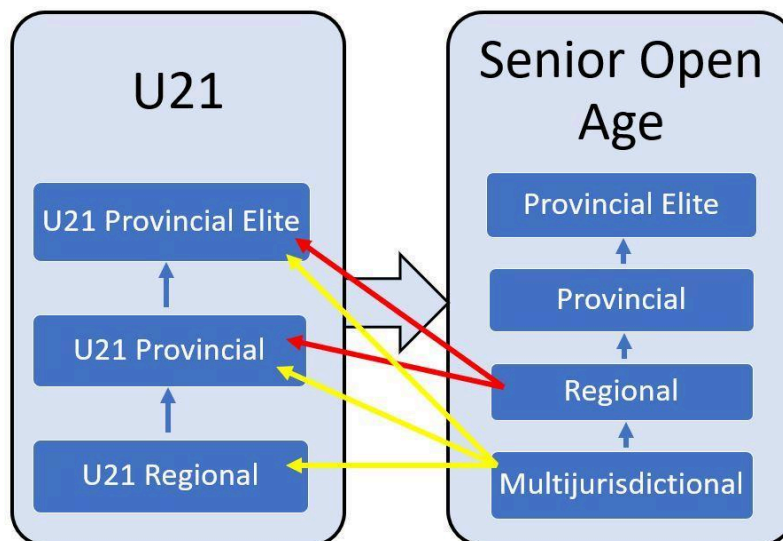
1.5 – Movement of Competitively Registered Players

- 1) There will be no downward movement of players.
- 2) Player movement within the same organization, subject to compliance with the Ontario Soccer Operational Procedures, shall be permitted to "play up" from a lower level team to a higher-level team. No players shall be permitted to play down.
- 3) Call up players must be 16 years of age or older to play in any division of the OSL
- 4) An unlimited number of players (within the same organization) may play up to a higher-level team for league games only, except for OSL rule 1.5.6.

- 5) A player may play up for the higher-level team (within the same organization) an unlimited number of times throughout the season. If there are 2 teams from the same organization in the higher level, the player called up is team-tied to the 1st team he/she was called up for.
- 6) Players registered to a U21 organization can play up into any senior open age division within the same organization.



- 7) For playoff games, no player movement will be allowed unless a player has played a minimum of five (5) regularly scheduled league games, during the current season, for the team to which he intends to move.
- 8) In accordance with OSL rule 1.5.2, no such movement is permitted for Cup competition.
- 9) Providing that the player meets the **age eligibility requirements** the following player movement is allowed within the same organization:
- A player registered to a senior open age MJ district team may play up into the U21 Regional, U21 Provincial, or U21 Provincial Elite divisions (see yellow arrows in diagram below).
 - A player registered to a senior open age Regional team may play up into the U21 Provincial or U21 Provincial Elite divisions (see red arrows in diagram below).



If the above movement is within the same organization, no permit is required. If it is different organization a “TEP” is required as per OSL rule 1.4. P.R.B.s or Ontario Soccer Approved ID Cards are always required.

- 10) A player that has played in an OSL Open Cup competition cannot play for any other team in OSL Open Cup competition and are considered “Cup tied”.

2.0 COMPETITION

2.1 –

1. As per Ontario Soccer Section 2, Procedure 4-4.3, All Club “competitive level” teams which includes, Indoor and Outdoor, at all age levels, competing at the District, Regional, Provincial, or National Levels (including tournaments and championships) shall be identified on the field of play by its official Club name and/or emblem and be displayed by its Clubs’ common colours. No third party or affiliated soccer organization markings or colours are permitted to be a part of a Member Club’s branding.

2.2 – Game Day


- 1) Teams entered in any competition must always field their strongest team, and any team failing to do so without providing a good and satisfactory reason will be subjected to discipline.
- 2) Teams **MUST** produce a valid physical copy of their Ontario Soccer Roster Report at all games along with valid Ontario Soccer Registration Identification. Such Registration Identification shall be either:
 - a. A valid Ontario Soccer Team Roster Report with digital ID for **ALL** players’ and team officials’ headshots. (OSL’s preferred identification)
 - b. An Ontario Soccer players’ registration book

c. An Ontario Soccer Identification Card

- 3) Teams using call-ups must have the Ontario Soccer Roster Report and Registration Identification from the team which the call-up is registered to present at the game.
- 4) A representative from each team **MUST** inspect the Registration Identification and/or permits of the opposing team prior to the scheduled kick off time. If the identification check causes a delay in the game, the team responsible for causing delay will be fined in accordance with appendix A.
- 5) It is the responsibility of the team representative to notify the match official of any discrepancies. The match official shall record such complaints on the game sheet submitted to the league office.
- 6) If a player plays without his/her Registration Identification as stated in 1.14, the player will be deemed to be an **ineligible** player. The player, coach, team, and organization will be subject to disciplinary action and may incur associated fines if found guilty (See "Appendix A"). Teams found guilty of playing an ineligible player shall forfeit any game(s) in which the player played.
- 7) Any player arriving late (up until halftime) to a game MUST produce his/her Ontario Soccer Registration Identification to the opposing coach before he/she enters the field of play.
- 8) In circumstances where a team official who is in possession of the teams' Ontario Soccer Registration Identification fails to appear to permit the inspection of the books, no game will be played and the offending team will forfeit the game and will be subject to disciplinary action.
- 9) A team sheet must be completed in triplicate by both teams. One copy handed to the Match official or Assistant Referee, and one copy handed to the opponents prior to the start of the game. Save for provision of proof to the contrary, a player whose name appears on the team sheet shall be deemed to have played.
- 10) Each player up to a maximum of twenty (20) must be listed together with a maximum of four (4) Team Officials including a coach. Only persons listed on the team sheet are permitted to sit on the bench or in the designated bench area. Players' registration numbers must be listed on the team sheet and the player must have his/her Registration Identification available for checking in accordance with OSL rule 1.1.5.

Teams will incur a fine for any team sheet irregularity (See Appendix A).

- 11) Match Officials fees MUST be paid in cash prior to the start of the game.
- 12) In all competition under the jurisdiction of this League, unlimited substitutions shall be permitted. A maximum of nine substitutes shall be listed on the team sheet. Substitutions are permitted as follows:

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- i. Goal kick, scoring of a goal, injury to a player, half time, your own team's throw-in (no piggy backs).

- 13) Three points will be awarded for a win, one point for a tie, and no points for a loss. League standings will be decided by points gained.

In the event of two or more teams finishing the schedule with an equal number of points, their final standings will be decided based on Head to Head points. If still tied, it may be decided by a play-off game as required by the Board of Directors.

- 14) All games must start promptly. Match officials must see that this rule is enforced and report any breach of the rule on the team sheet.
- 15) A grace period of fifteen (15) minutes will be allowed for games in the event that a team has less than seven (7) players at the appointed kick-off time. The offending team shall default the game, be fined as a no show and have to pay the match official fees. In the event that both teams have less than seven players, no points will be awarded.
- 16) All games should be of full regulation time, conditions and time permitting.

If there is any doubt on the part of the respective captains and/or the match officials, agreement must be reached before the game to reduce the play time, to ensure that two equal periods can be played. If the two captains cannot agree, the match official will decide. If the first game of a double header is so late in starting that the playing of full regulation time would cause it to encroach on the allotted time for the second game, then the playing time of the first game must be reduced to enable the second game to play normal time. The reduced time must be of two equal periods.

- 17) Games that are abandoned after the 70-minute mark due to weather will be considered complete and the score will be recorded.
- 18) Field Closure – If the home team is made aware that their field is closed for any reason, the home team manager or coach MUST ensure that all parties are notified as early as possible by telephone and/or email (in the following order), the League Administrator and the Opposing team official. Failure to do so may result in a fine and disciplinary action.
- 19) If the agreed playing time in any game is not completed for any other reason, this must be reported by the match official on the team sheet.

The Board of Directors shall determine the outcome of the game as follows:


- i. Allow the score to stand.
- ii. Order the game to be replayed.
- iii. Have the offending team default the game by a score of 3-0.
- iv. Subject the team or teams to other discipline if applicable.



2.3 – Organizational Responsibility

All organizations on whose grounds any game is being played under the jurisdiction of the OSL:

- 1) Shall have their goal posts equipped with proper nets, and no wheels affixed to the structure of the net.
- 2) The field dimensions shall be as per FIFA regulations. The field must be marked off as required by the Laws of the Game and have four (4) corner flags which must be at least five feet in height when posted.
- 3) When games are played on grounds provided by the OSL, it is the home team's responsibility to provide the four corner flags.
- 4) The home team will be responsible for providing two match balls of regulation size according to FIFA regulations, in satisfactory condition to the Match Official.
- 5) The home team is responsible for ensuring that the flood lights remain on for the duration of the game. Failure to comply will result in a replay of the entire game at the opposing team's field at the home teams' expense (Match Officials and field cost).
- 6) All Provincial Elite Men's league games must be played in an enclosed stadium or park approved by the Board of Directors with dressing rooms and adequate playing facilities.
- 7) In all games the first named team according to the official schedule or Cup Draw will be considered the home team.
- 8) Within twenty-four (24) hours of the conclusion of each match, a representative of each team MUST complete their game report online. Failure to submit a game report on time will result in a fine (See Appendix A).
- 9) Every team must at the time of application for membership, register its playing colours and grounds if possible, with the OSL office.
- 10) In the case of similarity of colours, the HOME team must change.
- 11) In all games played under the jurisdiction of the Ontario Soccer League or Ontario Soccer, all players shall wear numbered shirts. No two players on the team shall wear the same number. No player may change his/her number during a game, without the consent of the match official and this should be noted on the team sheet.
- 12) Numbers shall be a minimum of eight inches in height, of contrasting colour from the body of the shirt and the number must be indicated against the player's name on the team sheet.

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- 13) Goalkeepers must wear a contrasting colour to both teams and the match officials.
 - 14) All players must be uniformly attired with the same colour jersey, shorts and socks. The only exception is in the goalkeeper's uniform. Any team that does not comply with this rule, as per the match official's game report, will incur a fine (See Appendix A).

2.4 – Default Games

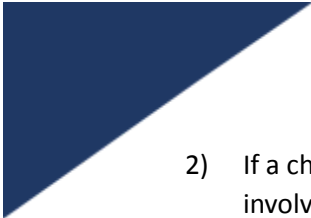
- 1) In the event of a team defaulting a game, the game will be awarded to their opponents by a score of 3-0 and the defaulting team shall pay the whole of the match officials' fee and any other expenses reasonably incurred and will also be subjected to discipline by the OSL. If the game was defaulted due to unforeseen circumstances, the Discipline Committee or Board of Directors may order the game to be replayed.
- 2) In the event of a team not showing up for a game or failing to field a team with a minimum of 7 players, a fine of \$500.00 will be assessed against the "No Show" team. For the second offence in the same season a fine of \$1,000.00 and a bond of \$1,000.00 will be assessed against the team. For a third offence in the same season the team would forfeit their bond and their League bonds and be expelled from the League and may be subjected to further penalties. (See Appendix A). The forfeiting team will also be responsible for the field fees for any "No Shows".

A "No Show" team is defined as any team who does not fulfill its scheduled or rescheduled games without the express permission of the OSL Office or the Board of Directors.

- 3) If a team is unable to fulfill their league schedule at any time during the season the following will occur;
 - i. If they have played 50% of their scheduled league games all scores will remain, and the remaining games will be awarded 3-0 to opposing teams.
 - ii. if they have played less than 50% of their scheduled league games all scores and games will be deleted.

2.5 – Changes and Rescheduled Games

- 1) If a game is cancelled for any reason the home team shall make every attempt to obtain and communicate to the visiting team and the league officer at **least two (2) reasonable** reschedule dates and fields **within one (1) week of the original scheduled date**. The visiting team must respond and confirm a replay date to the home team and league office within 72 hours. Otherwise, the league may reschedule the game unilaterally, as fields are available. Any expenses incurred will be charged to the home team. Failure to comply may result in discipline action.

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- 2) If a change of the date, time or field of a game is necessary, the OSL office will advise the teams involved by telephone or e-mail with at least 48 hours' notice to the organizations concerned.
 - 3) Games rescheduled to take place within a 48-hour period must have the consent of the teams affected.
 - 4) A team having an Ontario Cup game within 24-hours of an OSL game, may have their OSL game rescheduled. Any team having a game within a 48-hour period of an Ontario Cup Semi Final or Final may have the OSL game rescheduled. The team must notify the League no later than seven (7) days prior to the conflict. **Note: It is not the responsibility of the OSL to identify teams participating in the Ontario Cup and any potential conflicts. Failure to notify OSL within the required time will result in no rescheduling of the league game and the team forfeiting its game.**


2.6 – Cup Competition

The Cup competition under the jurisdiction of the OSL is only available for Men's and Women's Open Age teams (there is no Cup competition for U21 teams).

- 1) The draw shall take place by the name of all teams entered, being placed in a ballot and shall be drawn in couples. The team first drawn shall be the home team. Both teams shall share the cost of the match officials.
- 2) OSL League games take priority over OSL Cup games. Ontario Cup takes precedence over both League and Cup games.
- 3) Match Officials fees in all Cup games are split between both teams (50/50).
- 4) All Cup and Playoff games shall be single games only. Should the score be tied after regulation time five penalty kicks shall be taken by each team, alternatively.

The team scoring the most goals from such kicks shall be declared the winner. Should the teams be equal on the number of kicks, additional penalty kicks shall be taken alternatively by the two teams until one team has more goals than the other, after an equal number has been taken. If no winner has resulted after all members of the team have taken a penalty kick, the same rotation of players will start over. The Board of Directors may also rule that the game be replayed.

- 5) In accordance with OSL rule 1.5.9, A player that has played in an OSL Open Cup competition cannot play for any other team in OSL Open Cup competition and are considered "Cup tied".
- 6) In accordance with OSL rule 1.5.2, no player movement is permitted for Cup competition.

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- 7) In accordance with OSL rule 1.1.8, any player registered to a Premier Soccer League Canada team (Ontario, Alberta, British Columbia or Quebec) at any time in the current calendar year is ineligible to participate in the OSL Open Cup.

2.7 – Promotion and Relegation

- 1) Board of Directors may enact variations to the rules below provided they are approved by Ontario Soccer and are presented to the organizations in membership prior to the playing season.

Open Age Divisions

- 1) The teams finishing in the top position of each of the Provincial divisions shall be promoted to the Provincial Elite division. The teams finishing in the top positions of the Regional divisions shall be promoted into the appropriate Provincial division. The teams finishing in the top position of the MJ Division or any district league shall be promoted into the appropriate Regional division.

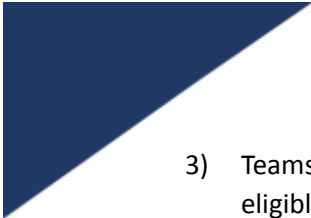
If an organization declines promotion into a competing division, the offer of promotion shall be extended to the next organization(s) provided that the organization(s) was within six points of the last eligible organization to qualify for promotion. (As per Ontario Soccer Operational Procedures, Section 2, Procedure 14.15). A team can only decline promotion once.

- 2) The teams finishing in the last two positions of the Provincial Elite division shall be relegated to the appropriate Provincial division. The teams finishing in the last 2 positions of each of the Provincial divisions shall be relegated to the appropriate Regional division. The teams finishing in the last two positions of the Regional divisions shall be relegated to their appropriate district league. In accordance with Ontario Soccer Operational Procedures, Section 2, Procedure 14, if there are additional vacant spots in the Regional Leagues, other teams may be considered from the Multi-Jurisdictional or District Leagues based on their standings in their respective leagues.

If there is an opening in the Provincial Elite, Provincial, or any of the Regional divisions, the second team relegated may apply.

Under 21 Divisions


- 1) The teams finishing in the top positions of the U21 Provincial Divisions shall be promoted into the U21 Provincial Elite division. The teams finishing in the top positions of the U21 Regional divisions shall be promoted into the appropriate U21 Provincial division.
- 2) The teams finishing in the top positions of the U18 or U17 Provincial and Regional Leagues shall be promoted into the U21 Provincial divisions. All other graduating U18 teams may apply to the Regional U21.

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- 3) Teams finishing in the top 2 to 4 positions of the U21 Provincial or U21 Regional divisions are eligible for the Regional Open Age Division. 5th place or lower qualifies teams for Open Age district leagues.
 - 4) The teams finishing in the last three positions in the U21 Provincial Elite will be relegated to the appropriate U21 Provincial division**. The teams finishing in the last 2 positions of the U21 Provincial Divisions shall be relegated to the appropriate U21 Regional division.**

** If they are no longer of age they can apply to their appropriate regional or district league.

2.8 – Affiliation Agreements (Player Movement Forms/Agreements)


- 1) A player may play up from a youth team of another organization subject to a player movement form agreement in accordance with Ontario Soccer Operational Procedures, Section 6, Procedure 17.
- 2) An “Player Movement Form Agreement” is a document signed by two soccer organizations under which they agree to “play up” players from a youth team of one organization to a team of the other organization in accordance with all the provisions of the Ontario Soccer Operational Procedures.
- 3) The agreement form shall be a “Player Movement Form Agreement” to be provided by Ontario Soccer and it will include the terms of the agreement. One term shall be that any game of the player’s youth team shall take precedence over any game of the senior team.
- 4) An organization operating youth amateur teams may enter into a “Player Movement Form Agreement” with an organization operating senior amateur team(s) providing that the two organizations are affiliated to the same District Association.
- 5) The “Player Movement Form Agreement” must be filed with the following organizations in order to be in effect:
 - i. Ontario Soccer
 - ii. The District Association with which the two organizations are affiliated; and
 - iii. The Ontario Soccer League.
- 6) The “TEMPORARY ELIGIBILITY PERMIT” is not required when such movement occurs.
- 7) The player must have a P.R.B. or Ontario Soccer Approved ID which must be available for presentation at each game in which he/she is playing. Failure to present the a P.R.B. or Ontario Soccer Approved ID shall render the player ineligible to play in that game.
- 8) An “Player Movement Form Agreement” between two organizations shall be in effect for one year only, but may be renewed on an annual basis.

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- 9) The “Player Movement Form Agreement” may be revoked by either organization by submitting a copy of the written notice to:
 - i. The other organization
 - ii. Ontario Soccer
 - iii. The District Association
 - iv. The Ontario Soccer League

 - 10) In accordance with Ontario Soccer Operational Procedures, Section 6, Procedure 17, the following limitations will be in effect for this league:
 - i. There will be no affiliation between organizations in the OSL.
 - ii. Not more than 5 players can play up under the “Player Movement Form Agreement” for any one game.
 - iii. No player may play up in a Cup game or Playoff game under the “Player Movement Form Agreement”.
 - iv. If a “Player Movement Form Agreement” with an OSL team is terminated, neither organization can enter into another “Player Movement Form Agreement” within the OSL.
 - v. No “Player Movement Form Agreement” will be accepted after September 1 of each year.


3.0 DISCIPLINE

- 1) Players, organization, or team officials reported for misconduct shall be dealt with by the OSL or their District Association, except as otherwise stipulated in Ontario Soccer Rules and Regulations.
- 2) In all cases of alleged assault on a match official by a player, organization, or team official, they shall be suspended until the case has been dealt with by a Discipline Committee of Ontario Soccer.
- 3) Players, officials, and spectators can take part in, or attend matches on condition that they observe the bi-laws of the OSL.
- 4) Every team and/or organization has a duty of care owed to the OSL for the action of its players, officials and spectators, and is required to take all precautions necessary to prevent spectators threatening or assaulting match officials and/or players.
- 5) No match official, assistant referee, player or official of any organization or team shall bet on any soccer match under the jurisdiction of the OSL.
- 6) In all discipline cases dealt with by Ontario Soccer, a District Association, or the OSL, the party complained against shall have the right to appear, at their own expense, when the case is heard.

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- 7) A player and/or team official dismissed off the field will have their case reviewed by the Discipline Committee at the OSL office on the dates shown in the schedule as per "Appendix B". Players and/or team officials may participate in subsequent games until the case is due to be heard by the Discipline Committee. The administration fee for a dismissal is \$30.00. A player and/or team official may request a hearing but must do so in writing, along with a \$250.00 fee no later than 72 hours after the dismissal. If found not guilty, \$150.00 of the fee will be returned.
 - 8) The Board of Directors shall have the power to cause teams to forfeit points or be expelled from the OSL if found guilty of serious discipline offences at a properly held discipline hearing.
 - 9) In discipline cases, when an organization disputes the identification of a player sent off, the onus is on the organization to prove the correct identity.
 - 10) Any person found guilty of any offence must be sentenced in accordance with Ontario Soccer's Judicial Matters Policies and Guides Procedures, Discipline Policy, Procedure 9, "Standard Penalties for Misconduct".
 - 11) Serving of suspensions
 - i. If a game a player is to serve a suspension on is defaulted the suspension will be considered served.
 - ii. If a game a player is to serve a suspension on is rescheduled to a different date, the suspension follows the original game
 - iii. Players cannot be called up while suspended
 - iv. A player coach is not eligible to participate in any capacity for games in which they are suspended.
 - 12) Any red cards issued in an abandoned or not complete game shall stand.

3.1 – Protests and Appeals

- 1) All protests shall be delivered to the secretary of the OSL by Registered Mail, and must bear a postmark not later than three (3) days (Saturday, Sunday, and legal holidays accepted) from the date of the game in which the protest has arisen, and be accompanied by a deposit of (\$200) two hundred dollars. Where a game is played under protest, such a fact must be noted on the team sheet and a formal protest must then be lodged as stipulated in the rules of the OSL or competition. Protests will not be accepted if registration identification was not checked.
- 2) Protest deposits shall be in the form of cheque, or money order, made payable to the "Academy Soccer League".
- 3) At the same time that the Protest is delivered to the Secretary of the OSL, a true copy of the Protest shall be sent to the team or organization against which the Protest is lodged, by Registered Mail.

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- 4) Any team or organization lodging a Protest must produce proof of such lodgment at the meeting held to consider the Protest, and the onus of proof of allegations contained in the Protest shall be upon the protesting team or organization.
 - 5) In dealing with any Protest, the Board of Directors or appointed committee shall take into consideration the possession by the protesting team or organization of any prior knowledge of the facts or allegations contained in the Protest, which if properly used, might have prevented the Protest.
 - 6) The Board of Directors or appointed committee shall have the right to declare all or part of the Protest fee forfeit where the Protest has been considered and not sustained, or where the Protest has not been properly lodged or as otherwise provided in these rules. The Protest fee will be returned if the Protest is upheld.
 - 7) If at any time after the period allotted for submission of a protest has expired evidence is presented which could have constituted grounds for a protest, such evidence shall be considered by the Board of Directors or appointed committee at their discretion.
 - 8) Objections to ground, goalposts, ball, jersey or colours DO NOT CONSTITUTE GROUNDS FOR A PROTEST. Objection of this nature, however, should be given in writing to the match official by half-time. The match official must report objections to the OSL, which will take any necessary action to prevent repetition of the same including fining or disciplining the offending organization.

Match officials' decisions cannot be protested. Teams and/or organizations may submit a complaint in writing via email to the OSL office. The OSL will forward the complaint to the Ontario Soccer Match Officials department for review and Ontario Soccer Discipline Committee for disciplinary review.

- 9) The match official shall require the responsible team to correct the cause of the objection if this is possible without unduly delaying progress of the game.
- 10) Any protest, once lodged with the OSL, may not be withdrawn, except by permission of the Board of Directors.
- 11) Any team or organization dissatisfied with the decision of the OSL on any protest or discipline decision shall have the right to appeal to Ontario Soccer in accordance with Ontario Soccer's Judicial Matters Policies and Guides Procedures, Appeals Policy".
- 12) In the event that conditions of lodging a Protest are not met, the protest will be ruled out of order.

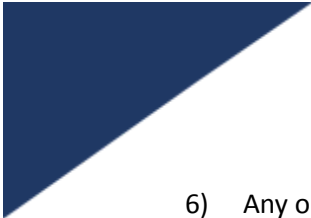


4.0 MATCH OFFICIALS

- 1) Match officials must notify the OSL office by telephone, email or Ref Centre, the result immediately after the game has been played and must complete and forward the team sheets to the office within two (2) days. Failure to comply with the above may result in disciplinary action.
- 2) Complaints by or against match officials shall be submitted to the OSL office in writing. After the complaint has been dealt with, the parties concerned will be notified.
- 3) The OSL office will pay officials 50% of the fee if the game is rained out and they have not been informed at least 2hrs prior to kickoff.
- 4) All match officials shall be appointed by the Director of the League, or a match official coordinator to act on its behalf.
- 5) In the event of the match official appointed not attending the game, the Assistant Referee #1 shall be considered the appointed match official. UNDER NO CONSIDERATION, must the teams concerned play a friendly or exhibition game.
- 6) In the event that only one match official attends the game, the game MUST be played.


5.0 GENERAL RULES

- 1) Each team shall supply the OSL office with two contact names, addresses and phone numbers. OSL notification to either contact on items to do with team games (reschedules, cancellations, etc.) shall be considered as official OSL notification.
- 2) In the final of the Playoffs the OSL shall be responsible for the stadium costs and match officials and shall be entitled to the gate receipts.
- 3) The Board of Directors of the OSL shall be the legal holders in trust of all Cups and other trophies belonging to the OSL.
- 4) Before handing the cups or trophies to the winners of any competition, they shall obtain from the successful team a satisfactory and approved bond for the safe custody and for the return of any cup or trophy in the same good order and condition as such team received. Teams and/or players will be assessed for any loss or damage to the trophies.
- 5) Two weeks prior to the date fixed for the Cup Final or deciding game of any competition under the jurisdiction of the OSL, the Secretary of the OSL shall procure the return of the cup or trophy from the team who last received it. A fine will be assessed against any organization not returning trophies before the Annual Awards night (See Appendix A).

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- 6) Any organization's secretary changing their address or any organization changing their secretary must notify the secretary of the OSL in writing within seven (7) days. Failure to comply with this rule shall render the organization subject to a fine of \$50.00.
 - 7) The Board of Directors may declare any date to be a "closed date" and no games shall be played thereon except those sanctioned and approved by the Board of Directors, provided, however, that this power shall not be unreasonably exercised.
 - 8) The Board of Directors shall have the power to deal with any organization, player, or member of any organization in an official capacity whose conduct may be deemed objectionable. The Board of Directors may, through any of their members or otherwise take notice of any organization, player or member of an organization whose conduct may be deemed prejudicial to the welfare of the game, and deal with the matter in such a manner as the Directors may think fit.
 - 9) No organization in membership with the OSL shall play games outside the jurisdiction of this OSL without first receiving permission from the Board of Directors, nor shall any organization in membership with the OSL, take part in any game for or against unaffiliated teams, or in an unaffiliated competition. Violation of this rule will render the offending organization suspended and ineligible to take part in any competition under the jurisdiction of the OSL until reinstated by the Board of Directors.

6.0 FINANCES

- 1) The Fiscal year shall end November 30th of each year and all organizations indebted to the OSL shall be notified by email of their debts which must be paid within fifteen (15) days of notice. Failure to pay within 15 days may result in termination of membership.
- 2) Debts remitted in the form of cheques which are not accepted by the bank for reason of insufficient funds or any other reason, shall be considered not paid and the Board of Directors may fine or suspend the party in question.
- 3) All invoices sent to organizations must be paid within 15 days of receipt. Any account still outstanding after 60 days will result in an automatic suspension.
- 4) Only certified cheques or cash will be accepted at the Annual General Meeting for outstanding debts.
- 5) All outstanding League Fees, League Bonds MUST be paid in full by the Annual General Meeting. If these fees are not paid by this date the organization will be subject to a \$500 late fee.
- 6) Any team who has not paid their **FULL** required League Fees and League Bonds by April 1st will **NOT** be included in the schedule, lose any monies paid, and be expelled from the OSL.

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- 7) Failure to apply by the Annual General Meeting may result in loss of secured position from the previous season.
 - 8) If any team withdraws from the league after February 15th they will forfeit their League Bond. Any team that withdraws after March 14th will forfeit both their League Fee, their League Bond and will be fined \$1,000.00 (as per Appendix A).

7.0 Code of Conduct

The OSL follows the Ontario Soccer Guidelines in regards to Code of Conduct for all athletes, coaches, team officials, league staff and OSL Board members. This information can be found [here](#).

Failure to adhere to any of these policies may result in discipline.

8.0 Social Media Policy


The OSL acknowledges the importance of participating in online conversations and we are committed to ensuring that we participate and engage in online social media in an appropriate manner.

Non-compliance with these guidelines may be construed as misconduct, harassment, discrimination, or in certain circumstances contravention of the law. Those who fail to comply with these guidelines may be disciplined under the Ontario Soccer's By-laws and/or Policies as a participant of the game.

Social Media is formally defined as "content created by people using highly accessible and scalable publishing technologies. Social media is distinct from traditional media, such as newspapers, television, and film. Social media comprises relatively inexpensive and accessible tools that enable anyone (even private individuals) to publish or access information".

Social Media may include (but is not limited to):

- Social networking sites (e.g. Facebook, LinkedIn)
- Video and photo sharing websites (e.g. Flickr, YouTube, Instagram)
- Blogs, including corporate and personal blogs
- Blogs hosted by media outlets (e.g. comments posted to news stories)
- Micro-blogging (e.g. Twitter)
- Wikis and online collaborations (e.g. Wikipedia)
- Forums, discussion boards and groups (e.g. Canadian Soccer News, VoyageursForum)
- Video or podcasting
- Online multiplayer gaming platforms (e.g. World of Warcraft, Second Life)
- Instant messaging (including text messaging)
- Geo-spatial tagging (e.g. Foursquare, Facebook Places)



The following set of principles refers to those personal or unofficial online activities where an individual might refer to the OSL.

1. You are responsible for your actions. Anything you post that can potentially tarnish the image of the Ontario Soccer League will ultimately be your responsibility. While we do encourage individuals associated with the OSL to participate in the online social media space, we urge you to do so properly, exercise sound judgment and use common sense. Please make sure to include the following disclaimer to each profile or platform you use where you can be identified as related to OSL: "The views expressed on this website/blog are the views of the author alone and do not reflect the views of the Ontario Soccer League".
2. Be a "scout" for compliments and criticism. Even if you are not an official online spokesperson for the OSL, your time spent online can be vitally important in terms of monitoring the social media landscape. If one comes across positive or negative remarks online about the OSL, please consider sharing them with League staff.
3. You may come across negative or disparaging posts about OSL. Avoid the temptation to react to these comments yourself. Pass the post(s) along to League staff, who are better equipped to address such comments. Be mindful of the state of mind you are in when engaging online and know that it will affect the way you react and respond to postings.
4. It is wise to be very conscious when mixing your business and personal lives in the online sphere. Online, your persona and business personas are likely to intersect. The OSL respects each individual's free speech rights, but you must remember that anyone has access to the online content you post. Keep this in mind when publishing information online that can be seen by more than friends and family and know that information originally intended just for friends and family can be forwarded on. Remember that everyone can see what you do on these platforms, including sponsors, rivals, and most importantly, members of the league.

If there are violations of **any** of the Ontario Soccer League's Rules and Regulations, the Board of Directors shall determine the discipline action to be taken.

Appendix A – Fees and Fines

To be eligible for league participation, an organization must be in good standing with the OSL. The Board of Directors may withhold approval for any applicant with a history of financial delinquency, including but not limited to, the late payment of league fees, bonds, or fines.

Description of Infraction	Fee/Fine(s)
Failure to register 11 players by May 1 st	\$100 fine
Failure to register 11 players by May 15 th	\$250 fine
Failure to submit a district approved team roster to the OSL office prior to their first game (League or Cup game)	\$100 fine
Caution	\$10 fine
Red Card	\$30 fine (administration fee)
Request for a hearing (within 48hrs of a Red Card)	\$250 fee
Playing of an ineligible player in any League, Cup, or Playoff game	\$500 organization fine + coach/player suspension
Improper use of a TEP and/or STRP	\$100 fine
Causing a game abandonment	\$500 fine
Failure to submit a game report online (E2E) within 24hrs conclusion of a match	\$100 fine
Failure to wear a contrasting uniform colour to opponents	\$500 fine
Team sheet irregularity	\$100
Failure to field a team with a minimum of 7 players for a scheduled game	1st Offence: \$500 fine + field Fees
	2nd Offence: \$1000 fine + \$1000 League Bond loss + field fees
	3rd Offence: Forfeiture of League Fees, League Bonds, & Expulsion from the OSL
Failure to return Cup trophy prior to the Cup Final	\$100 fine
Failure to notify the OSL of an organization's secretary change	\$50 fine
Failure to pay outstanding fines within 15 days of notice	\$100 fine
Withdrawing a team from the OSL after February 15 th	Forfeiture of full League Bond

Withdrawing a team from the OSL after March 14 th	\$1000 fine + forfeiture of all League Fees + forfeiture of all League Bonds
Failure to appear at a scheduled hearing	\$100 fine
NSF cheque	\$50 fine
Failure to attend the Annual General Meeting	\$200 fine
Identification check caused delay in kick off	1st Offence: \$250 fine
	2nd Offence: \$500 fine
	3rd Offence: Team will be called in for discipline hearing
Failure to comply with League Social Media Policy	1st Offence: \$250 fine + discipline hearing
	2nd Offence: \$500 fine + discipline hearing
	3rd Offence: \$1000 fine + expulsion from League

A.1 -- 2026 League Fees

		LEAGUE FEE	LEAGUE BONDS	2026 REFEREE FEES
Open Age	Provincial Elite	\$1,850.00 + HST (\$240.50) = <u>\$2,090.50</u>	\$ 2,000.00	\$100/70/70
	Provincial	\$1,600.00 + HST (\$208.00) = <u>\$1,808.00</u>	\$ 500.00	\$100/70/70
	Regional	\$1,550.00 + HST (\$201.50) = <u>\$1,751.50</u>	\$ 500.00	\$90/70/70
	MJ District	\$1,350 + HST (\$175.50) = <u>\$1,525.50</u>	\$ 500.00	\$85/65/65
Under 21	Provincial Elite	\$1,375.00 + HST (\$178.75) = <u>\$1,553.75</u>	\$ 500.00	\$100/70/70
	Provincial	\$1,375.00 + HST (\$178.75) = <u>\$1,553.75</u>	\$ 500.00	\$100/70/70
	Regional	\$1,350 + HST (\$175.50) = <u>\$1,525.50</u>	\$ 500.00	\$90/70/70

HST Number: #716163886

2026 Awards Dinner is scheduled for Friday October 23, 2026

- Each **CLUB** will receive 4 complementary tickets.
- Additional tickets can be purchased for \$75.00/ticket.

Appendix B – Discipline Dates

DBR Dates	
May 6, 2026	July 29, 2026
May 13, 2026	August 5, 2026
May 20, 2026	August 12, 2026
May 27, 2026	August 19, 2026
June 3, 2026	August 26, 2026
June 10, 2026	September 2, 2026
June 17, 2026	September 9, 2026
June 24, 2026	September 16, 2026
July 1, 2026	September 23, 2026
July 8, 2026	September 30, 2026
July 15, 2026	October 7, 2026
July 22, 2026	October 14, 2026

Administration Fee **\$30/Red Card**

Request for a hearing **\$250 fee**

The accused shall submit a written request to the organization having jurisdiction to hear the case, within three days of receiving the dismissal. This request must arrive before the date of the next scheduled Discipline Review meeting, as published, in accordance with Section 12. Procedure 9-5.3.6 of Ontario Soccer's Operational Procedures



Ontario Soccer Standard Penalties Examples:

Dismissed for "Receiving a second caution in the same game" for which neither of the cautions was directed at the match official(s).	1 game
Dismissed for "Denying an opponent a goal or an obvious goal-scoring opportunity by deliberately handling the ball".	1 game
Dismissed for "Receiving a second caution in the same game" for which at least one of the cautions was directed at the match official(s).	2 games
Dismissed for "Denying an opponent a goal or an obvious goal-scoring opportunity to an opponent moving towards the player's goal by an offence punishable by a free kick or penalty kick".	2 games
Dismissed for "Serious Foul Play"	2 games
Dismissed or reported by Match Official for "Using offensive, insulting or abusive language and/or gestures/actions" directed at the match official(s).	3 games
Dismissed or reported for "Violent Conduct"	3 games